

BE EMPOWERED get information and strategies for combating the scourge of diabetes in the Black community.

Thapelo Institute Diabetes Program

Saturday, November 12, 2011 | 9:00 a.m. – 12:00 noon
Prince Hall Masonic Lodge | 809 East 42nd Place

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FREE SCREENINGS for
Diabetes, Blood Pressure, and Cholesterol

PROGRAM

10:00 a.m. – Noon

Featuring

Master of Ceremonies: Art Norman, *NBC5 News Reporter*

Welcome: Otis W. Cromartie, Sr., *Grand Master, Prince Hall Lodge of Illinois*

Opening Remarks: Rupert Evans, Sr., MPA, DHA, FACHE, *Executive Director, Thapelo Institute, Inc.*

Panel Discussion

Dr. Thomas L. Pitts, *Assistant Professor of Clinical Medicine and Endocrinology, Northwestern University Feinberg School of Medicine and Thapelo Institute, Inc. Member Sidney Green, former Chicago Bull and currently team ambassador for the Chicago Bulls*
Saran Dunmore, **Fitness Professional and Member of the NBC5 Fitness Team**
Donna George, *Registered Dietitian and Diabetes Educator, Roche Diagnostics*
Sheila Harmon, *Regional Manager for Access Community Health Network*

Closing Remarks

Joseph M. Harrington, *Founding Member, Thapelo Institute, Inc.*

The Facts

African Americans are twice as likely to be diagnosed with diabetes as non-Hispanic whites.

In addition, they are more likely to suffer complications from diabetes, such as end-stage renal disease and lower extremity amputations. Although African Americans have the same or lower rate of high cholesterol as their non-Hispanic white counterparts, they are more likely to have high blood pressure.

- African American men are 2.2 times as likely to start treatment for end-stage renal disease related to diabetes, as compared to non-Hispanic white men.
- Diabetic African Americans are 1.5 times as likely as diabetic Whites to be hospitalized.
- African Americans are 2.3 times as likely as non-Hispanic Whites to die from diabetes.

Hosted by: Prince Hall Grand Lodge



Collaborating Partners:



Alpha Eta Chapter of Chi Eta Phi Sorority, Inc

State Senator Mattie Hunter

State Senator Kwame Raoul



This event and the services provided are **FREE** and open to the public.
For more information contact the MeBain Media Group at (708) 533-6558.